

# Pneumococcal vaccination 2022



Pneumococci are bacteria. People aged 60 years and older can become more seriously ill from pneumococci, and fall ill more quickly. Your immune system grows weaker as you get older. You could develop a serious illness, such as pneumonia. The vaccination reduces the risk that you will become ill from pneumococci.

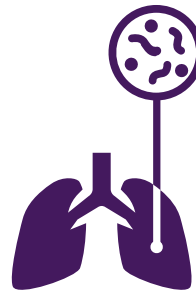
## How you can become ill...



- Many people have the bacteria in their nose and throat without becoming ill.
- Sneezing and coughing expel the bacteria into the air.
- You can breathe them in and become ill as a result – especially if you have a weaker immune system.



## ...and what the consequences can be



- Pneumococci could cause you to develop pneumonia.
- After an illness caused by pneumococcal bacteria, your health may deteriorate permanently. You are also more likely to die at a younger age.

## The vaccination provides protection

- Among people aged 60 years and older, the annual vaccination can prevent:
  - 800 of the 6,000 hospital admissions and
  - 120 of the 900 deaths.
- The pneumococcus jab provides protection against the most common pneumococci.

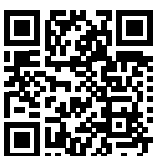


## Who gets an invitation

- You are receiving this invitation because you were born in 1953, 1954, 1955 or 1956.




## The pneumococcal vaccination offers extra protection against pneumonia



More information:  
Daha fazla bilgi:  
معلومات أكثر  
[www.rivm.nl/pneumokokken-vertalingen](http://www.rivm.nl/pneumokokken-vertalingen)

Further information:  
<https://www.rivm.nl/en/pneumococci>  
[www.thuisarts.nl/prik-tegen-pneumokokken](http://www.thuisarts.nl/prik-tegen-pneumokokken)

 National Institute for Public Health and the Environment  
Ministry of Health, Welfare and Sport

 **nhg** Nederlands Huisartsen Genootschap